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Aging Population

Catawba County Council on Aging

400 17th St SW Hickory NC 28602

828-328-2269

<https://www.catawbacoa.org/>

Provides services, programs and activities for adults age 60 and older, and operates the West Hickory Senior Center.

Catawba County Social Services- Adult Day Care/ Day Health

828-695-5609

<http://www.catawbacountync.gov/county-services/social-services/adultservices/home-community-basedservices/>

Provides care and supervision, community integration and stimulating activities to elderly or disabled adults as an option to placement, allowing caregivers to work and providing them respite. Individual Eligibility Requirements: Any disabled or aging adult (age 18 years of age or older) needing adult day care and adult day health services. Adults must have an impairment that prohibits her from living an independent lifestyle without supportive services, and must be at risk of being institutionalized.

Catawba County Social Services – Special Assistance In-home Care

828-695-5609

<https://www.catawbacountync.gov/county-services/social-services/adultservices/home-community-basedservices/>

Provides an alternative to placement in an ACH for individuals who could live at home safely with additional support, services and income. The program provides a cash supplement to help low-income individuals who are at risk of entering an Adult Care Home (ACH) and who would like to remain at home. The program can help with living expenses such as food, shelter, clothing and other daily necessities. Individual Eligibility Requirements: Medicaid-eligible individuals with incomes at or below 100% of the federal poverty level.

PACE@Home

1915 Fairgrove Church Rd SE Newton NC 28658

828-468-3980

<https://www.pace-at-home.org/>

Program of All-inclusive Care for the Elderly that allows individuals in need of skilled nursing home care to remain in their home or community setting. Clients are those unable to live safely in the community at the time of enrollment, age 55 and older, and determined by the state of NC for nursing home care. Clients must reside in their services area within a zip code system. This covers parts of Alexander, Burke, Caldwell, Catawba, and Lincoln County.

Western Piedmont Council of Governments Area Agency on Aging

1880 Second Ave NW Hickory NC 28601

828-322-9191

<https://www.wpcog.org/area-agency-on-aging>

Eligibility is based on the need for the service, not on income. There may be a waiting list for some services: Adult Day Care, Congregate Meals, Home-Delivered Meals, In Home Respite for Family Caregivers, In-Home Aide, Transportation, Senior Center Operations, Legal Services, Information and Options Counseling, Housing and Home Improvement.

Adult Life Programs

1265 21st St NE A Hickory NC 28601

828-324-1313

<https://www.adultlifeprograms.com/>

Adult Life Programs operate day centers for adults, 18 years and older, who generally cannot be safely left at home alone during the day. Our three centers are located in Catawba County, and serve residents of Alexander, Burke, Caldwell, Catawba, and Lincoln counties.

Neighbors Network

502 Thornburg Dr NE Conover NC 28613

828-464-1111

<https://neighborsnetwork.clubexpress.com/>

Provides resources and services to help adults 50+ to thrive. Programs include health/wellness classes, computer training, legal support, insurance counseling.

Fresh Produce Giveaway

Every third Wednesday at 10AM. Registration required by the Thursday prior. Free to seniors 50+ needing fresh produce. Participants must be present at 10:00am. Supplies are limited, and registration is required.

Alzheimer's Association, Inc.

828-514-3124 (Western Carolina Chapter of NC)

1-800-272-3900 (24/7 Helpline)

www.alz.org/northcarolina

The Alzheimer's Association - Western Carolina Chapter is one of two chapters in North Carolina that provide education, awareness, advocacy and support to all those affected by Alzheimer's and other dementia. We are advocating for your needs and rights, and advancing critical research toward methods of treatment, prevention and, ultimately, a cure.

Blue Ridge Community Action Senior Employment Program (55+ employment)

800 North Green St. Morganton, NC 28655

(828) 438-6255

www.brcainc.org/scsep

(SCSEP) is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed people age 55 and older. Participants also have access to employment assistance through the American Job Center network.

Property Tax Relief

- Catawba County (828) 465-8414
- Alexander County (828) 632-4346
- Burke County (828) 764-9430
- Caldwell County (828) 757-1340

North Carolina offers three property tax relief programs for the permanent residence of qualified homeowners.

- 1) *Elderly or Disabled Exclusion:* *Applicants must be 65 years of age or totally and permanently disabled. In addition, the previous year's total income for both an applicant and spouse cannot exceed \$37,900. For unmarried joint property owners, each owner must apply separately, and benefit limitations may apply based on the percent of ownership.*
- 2) *Circuit Breaker Tax Deferment Program:* *Applicants must be 65 years of age or totally and permanently disabled. The previous year's total income for both applicant and spouse cannot exceed \$37,900. For an owner whose income exceeds the income eligibility limit but does not exceed 150%, which for the 2025 tax year is \$56,850, the owner's taxes will be limited to five percent (5%) of the owner's income. For unmarried joint property owners, each owner must apply and qualify separately. In addition, all owners must have owned and occupied the residence for the previous five years.*
- 3) *Disabled Veteran Exclusion:* *Honorably discharged disabled veterans or their unmarried surviving spouse may be eligible for a reduction in property tax. There is no age or income limitation on this program.*

Senior Centers

- West Hickory Senior Center-400 17th St SW Hickory, NC 28603
828-328-2269
- Neighbors Network- 502 Thornburg Drive Conover, NC 28613
828-464-1111

Adult Care Homes

- Abernethy Laurels-102 Leonard Avenue Newton, NC 28658
(828) 464-8260
- Austin Adult Care- 511 Bumgarner Industrial Drive Conover, NC 28613
(828) 466-0300
- Brian Center Health & Rehabilitation/Hickory East- 3031 Tate Blvd. SE
Hickory, NC 28602
(828) 322-3343
- Brookdale Falling Creek- 910 29th Avenue NE Hickory, NC 28601
(828) 328-6090
- Brookdale Hickory- 2530 16th Street NE Hickory, NC 28601
(828) 324-5400
- Catawba Valley Living at Rock Barn- 4174 Shook Road Claremont, NC
28610 Conover, NC 28613
(828) 459-0008
- Terra Bella of Newton- 1088 Radio Station Road Newton, NC 28658
(828) 466-7474
- Springs of Catawba- 2010 29th Avenue Drive NE Hickory, NC 28601
(828) 326-7200

Nursing Homes

- Abernethy Laurels-102 Leonard Avenue Newton, NC 28658
(828) 464-8260
- Brian Center Health & Rehabilitation/Hickory East- 3031 Tate Blvd. SE
Hickory, NC 28602
(828) 322-3343
- Brian Center Nursing Care Hickory, Inc/Viewmont- 220 13th Avenue
Place NW Hickory, NC 28601
(828) 328-5646
- Conover Nursing & Rehab Center- 920 4th Street SW Conover, NC
28613
(828) 695-8282
- Trinity Ridge- 2140 Medical Park Drive Hickory, NC 28602
(828) 322-6995
- Trinity Village- 1265 21st Street NE Hickory, NC 28601
(828) 328-2006

Children/Youth Services

Catawba County Social Service

3030 11th Avenue Drive SE, Hickory, NC 28602

(828) 695-5600; (828) 695-5721

www.catawbacountync.gov/dss/

Social Services attempts to prevent social problems, maintain those unable to care for themselves, help the able-bodied become employed, protect children and adults from abuse and neglect, help children have permanent homes, and give the elderly and disabled a choice to remain in their own homes with Child Care Credentials

Children's Advocacy and Protection Center of Catawba Valley

4360 County Home Road Conover NC 28613

828-465-9296

<http://catawbacountycapc.org/capc/>

Advocate for the protection of the children of Catawba County by working to empower individuals through training and education, coordinate a comprehensive team response to abuse and neglect, and reduce victim trauma. Services include forensic interviews, child medical exams, victim advocate, mental health treatment, and parent support group.

Conover School

108 7th Street Place SW, Conover, NC 28613

(828) 464-9532

<https://con.newton-conover.org/>

Public education for mentally handicapped, autistic, and augmentative communication needs students, age 3 to 21

Blue Ridge Community Action

<https://www.brcainc.org/childcare>

Manages three childhood education facilities and provides the following services to most of the communities in the Burke County area: Day Care, Head Start, and Early Head Start. Application available online. Eligibility varies based on the program. SNAP recipients automatically qualify for Head Start and Early Head Start.

Circle of Friends

240 Bravard St Rutherford College NC 28671 #828-879-2367

Quaker Meadows Generations

800 N Green St Morganton NC 28655 #828-438-6255

Northside Children's Learning Center

1440 Blowing Rock Blvd Lenoir NC 28645 #828-758-4290

East Coast Migrant Head Start Project

1-800-655-6831

<http://www.ecmhsp.org/>

Prepare children of migrant and seasonal farm workers for success. Services and opportunities include parenting education, adult education in financial literacy, computer basics, and parent training on child topics.

Clothing**The Salvation Army Crisis Help Center**

750 3rd Ave PI SE, Hickory, NC 28602

(828) 322-8061

www.salvationarmy.org

Emergency financial assistance with rent, mortgage, utilities, life threatening medications, food, homelessness, natural disaster, and clothing. Crisis Help Center, Shelter of Hope, Family Stores, Boys & Girls Club, Disaster Services.

Safe Harbor Rescue Mission

In person: 112 2nd Ave SE, Hickory, NC 28602

(828) 326-7233

info@safeharborrescuemission.org

www.safeharbornc.org

Provides a Day Center serving the homeless women from nearby shelter. Assist with job, transportation, or support groups. Distribute free clothing and toiletry items.

Greater Hickory Cooperative Christian Ministry

31 1st Ave SE Hickory NC 28602

(828)-327-0979

www.ccmhickory.com

Medical and pharmacy services, financial assistance, crisis assistance including emergency food, hot showers and clothing for the homeless. Application available online.

Catawba County Public Health

828-695-5870/828-695-6663/828-695-6615

<https://catawbacountync.gov/county-services/public-health/service-areas/community-health-workers/>

Community Health Workers (CHWs) will link families to available community services. This includes housing support; utilities; food pantries and other nutrition programs; transportation resources; employment and vocational rehabilitation resources; navigation of clinical care systems, insurance and charity care; and assistance in filling out applications and forms required to receive these services.

Catawba County Public Health's Community Health Workers are available to serve anyone in Catawba County.

Credit Counseling and Repair

Olive Hill Community Economic Development Corporation, Inc.

200 S College St Suite A Morganton NC 28655

828-475-4620 X 305

<https://www.ohcedc.org/>

Services include Homeownership, Small Business Development, Homeowner Assistance, Managing Finances, and access to NCHFA's CPLP loans. Services are free or for a low fee based on ability to pay. Program covers residents of the following counties: Burke, Caldwell, Catawba, and McDowell counties of North Carolina.

Operation Hope

828-705-1198 Niki Mullineaux

<https://operationhope.org/>

Offers free and confidential credit counseling. The local branch of Operation Hope is located inside First Horizon Bank in Hickory. Programs offered are credit counseling and repair, money management and financial disaster preparedness.

Cultural Resources

Greater Hickory International Council (GHIC)

828-234-6330

<https://hickoryinternationalcouncil.com/>

Provides the community with international news through our links to newspapers from around the world and local cultural information.

Centro Latino

828-330-0477

<https://www.centrolatinohickory.com/>

Provides a Christian response to the needs of Latinos in our community and seeks to bridge the cultural gap between Spanish and non-Spanish speakers through outreach, advocacy and training. Medical, transportation, legal assistance, etc.

North Carolina Hmong Women Association, Inc.

nchmongwomen@nc-hwa.org

<https://nc-hwa.org/>

Focusing on advancing Hmong women and girls in North Carolina, and as well as individuals from diverse cultural backgrounds, by providing access to education, fostering leadership development, and promoting community advocacy.

National Association for the Advancement of Colored People (NAACP-Hickory)

828-322-1196

<https://hickorynaacp.org/>

Mission is to achieve equity, political rights, and social inclusion by advancing policies and practices that expand human and civil rights, eliminate discrimination, and accelerate the well-being.

East Coast Migrant Head Start Project

1-800-655-6831

<http://www.ecmhsp.org/>

Prepare children of migrant and seasonal farm workers for success. Services and opportunities include parenting education, adult education in financial literacy, computer basics, and parent training on child topics.

Disability Support and Care**Destiny Management**

109 Oakland Avenue Drexel NC 28619

828-391-8282

<https://destinymanagement.net/home/>

Assist individuals referred to the agency who have a primary diagnosis of an intellectual developmental disability. Provides two adult Day Programs where Individuals with IDD can continue learning and growing and making new friends. This service helps acquire, retrain, or improve self-help skills, increase socialization and adaptive skills in a non-residential setting. Bright Futures is a licensed day program in Hickory providing structured programming for adults with I/DD living in Catawba County. Heritage Day is a licensed day program in Drexel providing structured programming for adults with I/DD living in Burke County. Primarily serve Burke and Catawba counties.

Arc of North Carolina

2300 Sardis Road North Charlotte, NC 28227

704-568-0112

<https://www.arcnc.org/charlotte-region>

The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes. Services include housing, guardianship, comprehensive care, advocacy, resources related to fetal alcohol spectrum disorders, and self-directed services. The Charlotte regional office covers Catawba, Cleveland, Gaston, Iredell, Lincon, Mecklenburg, and Union County.

Adult Life Programs

1265 21st St NE A Hickory NC 28601

828-324-1313

<https://www.adultlifeprograms.com/>

Adult Life Programs operates day centers for adult, 18 years and older, who generally cannot be safely left at home alone during the day. Our three centers are located in Catawba County, and serve residents of Alexander, Burke, Caldwell, Catawba, and Lincoln counties.

Goodwill Career Center

413 Thornburg Dr SE Conover NC 28613

828-465-0371

www.goodwillnwnc.org

Free career center. Goodwill's Disability Services program assists individuals with disabilities find an integrated position for employment. Also has a rehabilitation program that will help you in your physical recovery.

711 Relay Service

#711

Services permit people with hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call people with or without such disabilities. It's fast, functional and free. Dialing 711, both voice and TTY-based TRS users can initiate a call from any telephone, anywhere in the United States, without having to remember and dial a ten-digit access number.

Employment

NCworks Career Center

403 Conover Station SE, Conover, NC 28613

(828)-466-5535

www.ncworks.gov

Complete set of employment tools for job seekers in North Carolina. Search jobs, create résumés, find education and training.

Goodwill Career Center

413 Thornburg Dr SE Conover NC 28613

828-465-0371

www.goodwillnwnc.org

Free career center. Provides job training and skill development to help individuals find meaningful careers.

Hickory Soup Kitchen Hope Center

110 2nd St PI SE Hickory NC 28602

828-327-4828

<https://hickorysoupkitchen.org/>

Provides Hickory with free resources for job placement and transportation services by partnering with employers, municipalities, and other local agencies.

Blue Ridge Community Action**Senior Employment Program (55+ employment)**

800 North Green St. Morganton, NC 28655

(828) 438-6255

www.brcainc.org/scsep

(SCSEP) is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed people age 55 and older. Participants also have access to employment assistance through the American Job Center network.

Catawba County Public Health

828-695-5870/828-695-6663/828-695-6615

<https://catawbacountync.gov/county-services/public-health/service-areas/community-health-workers/>

Community Health Workers (CHWs) will link families to available community services. This includes housing support; utilities; food pantries and other nutrition programs; transportation resources; employment and vocational rehabilitation resources; navigation of clinical care systems, insurance and charity care; and assistance in filling out applications and forms required to receive these services. Catawba County Public Health's Community Health Workers are available to serve anyone in Catawba County.

Food & Nutrition**Hickory Soup Kitchen**

110 2nd St PI SE, Hickory, NC 28602

828-327-4828

<https://hickorysoupkitchen.org/>

Programs include daily lunch, showers, bag of groceries each month, library, partnerships with other local programs focused on health and community services.

The Corner Table

122 N Main Ave Newton, NC, 28658

828-464-0355

<http://www.thecornertable.org/>

Provides meals, bag lunches and frozen meals and runs the Backpack Program, a food outreach for local students along with a summer feeding program for students

Good Samaritan Food Pantry (Mt. Pisgah Lutheran Church)

9379 NC Hwy 127, Hickory NC

828-495-8251

<https://mtpisgahelca.org/ministries/good-samaritan-food-pantry>

Emergency food boxes, health care items.

Pantry With a Purpose Program (Women Resource Center)

125 3rd St NE Hickory NC 28601

828-322-6333

www.wrchickory.org/programs/free-pantry/

An emergency pantry stocked with food, personal products, and cleaning products for women and families in transition. The pantry is designed for one-time use.

Greater Hickory Cooperative Christian Ministry

31 1st Ave SE Hickory NC 28602

828-327-0979

www.ccmhickory.com

Medical and pharmacy services, financial assistance, crisis assistance including emergency food, hot showers and clothing for the homeless. Application available online.

Meals on Wheels

507 Boundary St Conover, NC 28613

828-695-5610

<https://www.catawbacountync.gov/county-services/social-services/senior-nutrition-services/meals-on-wheels/>

Help citizens age 60+ to improve their nutrition and health while reducing social isolation.

WIC – Catawba County

3070 11th Ave. Drive SE Hickory NC 28602
828-695-5884

<https://www.catawbacountync.gov/county-services/public-health/service-areas/women-infants-and-children-wic/#:~:text=The%20Catawba%20County%20WIC%20office,appointment%2C%20use%20this%20online%20form>

A Federal supplemental nutrition program for pregnant, postpartum (after pregnancy), and breastfeeding women, infants, and children up to age 5. Provides food coupons /vouchers to purchase nutritional foods at participating food stores. Eligibility: Based on income. Medicaid, Work First, and Food Stamps participants qualify.

Food and Nutrition Program – DSS

3030 11th Ave. Drive SE Hickory NC 28602
828-695-5600

<https://www.ncdhhs.gov/divisions/child-and-family-wellbeing/food-and-nutrition-services-food-stamps>

Helps eligible people with limited incomes supplement their budgets so they can purchase food. To qualify, households must meet certain rules about how much money you make, how much money and property you have, and where you live.

Catawba County Public Health

828-695-5870/828-695-6663/828-695-6615

<https://catawbacountync.gov/county-services/public-health/service-areas/community-health-workers/>

Community Health Workers (CHWs) will link families to available community services. This includes housing support; utilities; food pantries and other nutrition programs; transportation resources; employment and vocational rehabilitation resources; navigation of clinical care systems, insurance and charity care; and assistance in filling out applications and forms required to receive these services. Catawba County Public Health's Community Health Workers are available to serve anyone in Catawba County.

Health Care & Family Care

Catawba County Public Health

828-695-5870/828-695-6663/828-695-6615

<https://catawbacountync.gov/county-services/public-health/service-areas/community-health-workers/>

Community Health Workers (CHWs) will link families to available community services. This includes housing support; utilities; food pantries and other nutrition programs; transportation resources; employment and vocational rehabilitation resources; navigation of clinical care systems, insurance and charity care; and assistance in filling out applications and forms required to receive these services. Catawba County Public Health's Community Health Workers are available to serve anyone in Catawba County.

Kintegra Family Medicine

133 1st Avenue SE Hickory NC 28602

828-994-4544

<https://www.kintegra.org/locations/kintegra-family-medicine-hickory/>

Community sponsored, family-centered provider of health care, health education and preventive care services without regard for the ability to pay.

Catawba Family Dentistry (Kintegra)

3070 11th Ave Dr SE Hickory NC 28602

828-695-5778

<https://gfhs.info/catawba-familydentistry/>

The practice provides complete examinations and a wide range of treatment and educational services for children ages 1-21 with Medicaid and NC Health Choice dental insurance, as well as self-pay patients. The practice also provides services to pregnant women with Medicaid coverage.

Catawba Valley Community College, Dental Hygiene Clinic

828-327-7000

<https://www.rise4me.com/resources/catawba-valley-community-dental-hygiene-clinic/>

Dental Hygiene curriculum through students at CVCC. As a patient, you will receive high quality care at reduced fees in comparison with those found in private dental offices. Services offered include cleaning, x-rays, sealants.

Insure Kids Now

Find a Dentist in North Carolina for NC Health Choice and NC Medicaid

<https://www.insurekidsnow.gov/find-a-dentist>

Use this Dentist Locator to find a dentist in your community who sees children and accepts Medicaid and CHIP

Catawba Valley Healthcare

Hickory Clinic:

327 1st Ave NW Hickory NC 28601 #828-695-5900

Burke Clinic:

205 Morgan St SE Valdese NC 28690 #828-624-1900

<https://www.cvhnc.org/>

Non-profit healthcare provider. Formerly known as Catawba Valley Behavioral Healthcare. Serve people with Medicaid or Medicare, those who are uninsured and underinsured, those who are homeless, those without documentation, and those who are incarcerated or recently incarcerated. Services includes primary care, outpatient therapy, psychiatric treatment, peer support, mobile crisis, residential services, psychosocial rehabilitation, independent living, skills training, and intensive team-based specialized case management and treatment. Service area: Burke and Catawba County.

Catawba County Social Services – Day Care Assistance

3030 11th Ave Dr SE Hickory NC 28602

828-695-5600

<https://www.catawbacountync.gov/county-services/social-services/family-support-services/day-care-assistance/>

Day Care Assistance is a childcare subsidy program for families who need help paying day care costs for their children from birth through 13 years old while they work or attend school. All families who are income eligible for Day Care Assistance are required to pay a portion of the cost of day care through a fee called the Parent Fee. The amount of the Parent Fee is based on household size and household income.

Autism 360

<https://www.autism-360.com/>

Hickory Clinic

2751 S NC 127 Hwy Hickory NC 28602 # 704-529-9090

Conover Clinic

301 10th St NW Ste B200 Conover NC 28613 # 704-529-9090

Prepare children with autism to excel in school, community, and home-based settings. Office also located in Charlotte, Matthew, and Shelby.

Home Buying Resources

Western Piedmont Council of Governments

1880 Second Ave NW Hickory NC 28601

828-485-4245 or 828-485-4250

<https://www.wpcog.org/unifour-consortium-homebuyer>

Offers a First Time Homebuyer Program with down payment assistance for people buying a house in Catawba County. 0% interest, deferred loans are 50% forgivable.

USDA - Rural Development (Formerly known as Farmers Home Administration)

Statesville Office

444 Bristol Drive Statesville NC 28677 #704-872-5061 x4

Shelby Office

844 Wallace Grove Rd Shelby NC 28150 # 704-471-0235 x4

<https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-%20direct-home-loans/nc>

Government lending program for those not eligible for conventional loans.

Appointment only in Statesville Monday through Thursday

Self Help Credit Union

528 E Main St Maiden NC 28650

828-428-9928 X 3575 (Dial phone #, press *, dial extension)

<https://www.self-help.org/locations/maiden-branch>

<https://www.self-help.org/personal/loans/home-mortgage-loans>

Lends to those not eligible for conventional loans. Requires only an ITIN #. Will finance double wide trailers. No minimum income level. Interest higher but available to more people. North Carolina has 23 branches. Serves NC, SC, GA, and FL.

N.C. Housing Finance Agency Loans/NC Home Advantage Mortgages

These loans are offered by most banks, especially First Citizens. It is a first-time homebuyers' program that includes low interest rates and down payment assistance programs.

<https://www.nchfa.com/home-buyers/buy-home>

NC Housing Finance Agency Community Partners Loan Pool (CPLP) Down Payment Assistance Loans

These down payment assistance loans are offered through WPCOG and NC housing counseling agencies and can pay up to 25% of the sales price, not to exceed \$50,000, with a 0% interest, deferred loan.

<https://www.nchfa.com/homeownership-partners/community-partners/community-programs/community-partners-loan-pool>

Section 8 Homebuyer Program

Program for those already approved for Section 8 Rental Program. Must be approved for participation.

Catawba County (Western Piedmont Council of Governments)

Elizabeth Moncrief # 828-322-9191 ext. 224 or 828-485-4224

<https://www.wpcog.org/regional-housing-authority>

Home Repair Resources

City of Hickory

828-323-7414

<https://www.hickorync.gov/community-development>

Housing Rehabilitation Loan Program: This is a deferred loan program available to houses zoned within city limits. Examples of eligible repairs include heat system replacement, plumbing repairs, repairs of electrical wiring, and roof repairs. No monthly payments are required on the loan as long as the house is maintained as the principal residence of the borrower. Accessibility improvements necessary for disabled residents may also be considered. Residents interested in applying for loans must be the deedholder for the house and must be current with all City accounts and have income under 80% of the current year's area median income (based on household size). The maximum amount loaned to one home is \$25,000.

Urgent Repair Program: This grant program for households with special needs, does not require repayment (forgiven \$3,000 per year), and is available to help with housing conditions that "threaten life or safety" like failing septic systems or rotten floors or for accessibility improvements for handicapped or disabled persons with the intent of keeping resident in the home. Money is available for those with income less than 50% of the area median. The maximum amount of money available per household is \$12,000. (The amount may change each year and is renewable annually if funding is available.)

Western Piedmont Council of Governments

828-485-4249

<https://www.wpcog.org/grant-services>

Catawba County Urgent Repair Program: Corrects housing conditions that threaten the life or safety of special needs (elderly and/or disabled) homeowners who are low-income. Examples of emergency repairs are replacing roofs, replacing rotten floors, providing ramps and accessibility modifications.

Single-Family Rehabilitation Program: Makes major repairs to housing units owned and occupied by homeowners with an income of less than 80% of median income (low to moderate income) with one or more elderly and/or disabled fulltime household members or with a child under the age of six whose health is threatened by the presence of lead-based paint hazards and veteran households through a deferred loan program.

Blue Ridge Community Action

828-438-6255

<https://www.brcainc.org/weatherization>

Weatherization Assistance Program (WAP) and Heating and Air Repair + Replacement: *Available to homeowners who have limited income and who need help with such things as weather-stripping, insulation of walls and/or pipes, broken or cracked windows, etc. This program includes the HAARP Program which helps to pay for repairs to or replacement of heating and air conditioning systems. Services: Alexander, Burke, Caldwell, Catawba, Gaston, Mecklenburg, Stanly, and Union Counties*

Independent Living-Rehabilitation

828-639-6410 (Hickory Office)

1-800-215-7227 (Referrals)

<https://www.ncdhhs.gov/divisions/employment-and-independence-people-disabilities/independent-living-people-disabilities>

Assistance may include modifying our home or vehicle to meet individual needs to stay in your home and live independently. (Grab bars, ramps, wheelchair accessibility, etc.)

Foothills Service Project

828-879-8400

<https://www.foothillsserviceproject.org/>

Provides home repairs to homeowners in need with an emphasis on supporting seniors age 60+ in Burke, Caldwell and Catawba Counties. Repairs may include ramps, handrails, grab bars, life chairs, floor replacement

USDA-Rural Development

Local USDA office (704) 284-5774 (Shelby Office)

<https://www.rd.usda.gov/programs-services/single-family-housing-programs/single-family-housing-repair-loans-grants-8>

504 Repair and Rehabilitation Program: Also known as the Single-Family Housing Repair. This includes both a loan and a grant program that can, in some cases, be combined. The loan program is for a maximum of \$40,000 with a 20-year term and a fixed 1% interest rate. The grant program is for a maximum of \$10,000 and is a 3-year forgivable loan for homeowners who are 62 years old or older. Income eligibility required and must be classified as “very-low-income” according to USDA income guidelines.

NC-BAM (North Carolina Baptist Aging Ministry)

1-877-506-2226

<https://baptistsonmission.org/>

In partnership with North Carolina Baptists and social agencies, NCBAM strives to enable the aging to maintain independence and a quality life. They can help with ramps and other accessibility accommodation. Call with your need.

Serving Our Seniors

828-222-43

<https://www.sos-nc.org/services>

Providing low, or no-cost services to "in-home" seniors, 65 and older and disabled veterans living in North Carolina. Services include yard work, housekeeping, companionship, light home repairs, and grab bars/rails.

Neighbors Network

828-464-1111

<https://neighborsnetwork.clubexpress.com/>

Provides resources and services to help adults 50+ to thrive. One of the services they provide is a vetted list of repair service providers. Everyone they include has agreed to give a discounted rate to those referred to them by Neighbors Network.

Renew NC

1-888-791-0207

www.renewnc.org

The Renew NC Single-Family Housing Program is a state program launched with federal funding to repair, rebuild or replace eligible homes with remaining damage from Hurricane Helene. Prioritization: Application priority is assigned based on income (below 60%, 60-80%, and under 120% of area median income) and at least one of the following: Households with seniors age 62 and older. Households with children under the age of 18. Households with individuals with disabilities.

Purple Heart Homes

Contact: 704-838-4044

Application available online: www.purplehearthomesusa.org/housing-assistance

Veterans Aging in Place (VAIP)

Qualified Service-Connected Disabled Veterans who currently own a home that no longer meets their physical needs. Purple Heart Homes partners with local volunteers in the community with the intent of restoring dignity and quality of life by creating a safe, barrier-free living environment.

Veteran Home Opportunity Program (VHOP)

Qualified Service-Connected Disabled Veterans who currently do not own a home. The program's purpose is to provide Purple Heart Homes Veterans with newly renovated and/or modified rental homes that have been donated from various sources specifically for the VHOP program. Veteran Tiny Homes (VTH) will also be available for ownership opportunities.

NC Department of Social Services

Contact: 828-695-5600

Application intake is available Monday through Thursday, 8:30 am to 4:30 pm.

Low Income Energy Assistance Program (LIEAP):

The Low-Income Energy Assistance Program (LIEAP) gives families a one-time vendor payment to help pay their heating bills. Priority in eligibility is given to disabled persons receiving services through the Division of Aging and Adult Services or households containing a person age 60 and older from December 1st through December 31st. Applications for all other households will be taken from January 1st through March 31st or until all funds are exhausted.

Crisis Intervention Program (CIP):

The Crisis Intervention Program (CIP) is a Federally funded program that assists individuals and families who are experiencing a heating or cooling related crisis. A household is considered to be in a crisis if it is currently experiencing or is in danger of experiencing a life threatening or health related emergency and sufficient, timely and appropriate assistance is not available from any other source. Life threatening is defined as a household which has no heating or cooling source or has a disconnect notice for their primary heating or cooling service and the health or well-being of a household member would be in danger if the heating or cooling crisis was not alleviated. Each household should be evaluated on a case-by-case basis to determine if there is a heating or cooling crisis.

Housing/Rent/Utility

Section 8 Homebuyer Program

Catawba County (Western Piedmont Council of Governments)

Elizabeth Moncrief # 828-322-9191 ext. 224 or 828-485-4224

<https://www.wpcog.org/regional-housing-authority>

Program for those already approved for Section 8 Rental Program. Must be approved for participation.

Exodus Homes

122 8th Avenue Drive SW Hickory NC 28602

828-324-4870

www.exodushomes.com

Faith based supportive housing. Offers transitional and permanent supportive housing for people who are homeless and recovering from substance use issues, and people coming out of prison.

Family Care Center of Catawba Valley

2875 Highland Ave NE Hickory NC 28601

828-324-9917

www.familycare-center.org

Homeless Shelter provides emergency housing and transitional residential programs that offer physical, emotional, social, education, and financial services to assist families with dependent children transition to becoming self-sufficient.

Greater Hickory Cooperative Christian Ministry

31 1st Ave SE Hickory NC 28602

(828)-327-0979

www.ccmhickory.com

Offers help with utility and rent payments. Offers a showering program for individuals who do not have access to hot water, including towels, face cloth, and toiletries. Provides clothing and household items (through a voucher system). Application available online.

Ashure Ministry

245 East N Street Newton NC 28658

828-465-1702

<https://ashureministry.org/>

Formerly known as ECCCM. Provide crisis assistance to the people of Catawba County. Service includes food support, clothing, rent and utility help, and financial training.

Strong Life Ministries

1209 Fairgrove Church Rd SE Conover NC 28613

828-994-4321

<https://www.stronglifenc.org/>

<https://www.stronglifenc.org/rescuemission.html>

Serve individuals who are homeless in the Catawba County area. Educate, coordinate resources, provide aid and relief for individuals in poverty or who are homeless. Provides day programs and a transitional housing program for men.

Catawba County Public Health

828-695-5870/828-695-6663/828-695-6615

<https://catawbacountync.gov/county-services/public-health/service-areas/community-health-workers/>

Community Health Workers (CHWs) will link families to available community services. This includes housing support; utilities; food pantries and other nutrition programs; transportation resources; employment and vocational rehabilitation resources; navigation of clinical care systems, insurance and charity care; and assistance in filling out applications and forms required to receive these services. Catawba County Public Health's Community Health Workers are available to serve anyone in Catawba County.

Mental & Wellness

Council on Adolescents of Catawba

1120 Fairgrove Church Road SE Suite 22 Hickory NC
828-322-4591

www.coacatawba.org

Educating teens about teen pregnancy prevention, preventing distracted driving, making healthy choices, planning for the future, and resisting peer pressure. Catawba County adolescents between the ages of 10-18 are the target population for all educational programming. The Healthy Youth Education program is for students grades 5-9, Lunch Buddy Mentoring Program serves students grades 6-8, Teen Talk is for students grades 6-9, and the Smart Moms and Dads Program is for any pregnant or parenting teen.

Children's Advocacy and Protection Center of Catawba Valley

4360 County Home Road Conover NC 28613
828-465-9296

<http://catawbacountycapc.org/capc/>

Advocate for the protection of the children of Catawba County by working to: empower individuals through training and education, coordinate a comprehensive team response to abuse and neglect, and reduce victim trauma. Services include forensic interviews, child medical exams, victim advocate, mental health treatment, and parent support group.

Safe Harbor

112 2nd Avenue SE Hickory NC 28602
828-326-7233

<https://www.safeharbornc.org/>

Offers residential treatment program for women in recovery; day services for women who are homeless: (showers, meals, laundry facilities, workshops) and low-cost temporary apartments for women working towards self-sufficiency and their children.

Strong Life Ministries

1209 Fairgrove Church Rd SE Conover NC 28613
828-994-4321

<https://www.stronglifenc.org/>

<https://www.stronglifenc.org/rescuemission.html>

Serve individuals who are homeless in the Catawba County area. Educate, coordinate resources, provide aid and relief for individuals in poverty or who are homeless. Provides day programs and a transitional housing program for men.

Outright Youth

748 4th Street SW Hickory NC

828-320-1937

<https://linktr.ee/outrightyouthcv>

Program's goal is to reduce the isolation felt by LGBTQ youth by providing a sense of community and developing programs and services.

Shelter Home

828-758-0888

<https://www.shelterhomecc.org/>

Currently managing domestic violence and sexual assault services for Catawba County. DV or SA victim helpline is available 24/7 at 828-758-7088. The Family Guidance Center is closed effective August 31, 2024.

Partners Behavior Health Management

1985 Tate Blvd SE Hickory NC 28602

1-877-864-1454

<https://www.partnersbhm.org/mental-health-services/>

Assist in linking individuals with mental health, development disability and substance abuse services. Partnered Counties: Burke, Cabarrus, Catawba, Cleveland, Davidson, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin.

Integrated Care of Greater Hickory

741 5th St SW Hickory NC 28602

828-322-5915

<https://www.integratedcarehickory.com/>

Assist individuals with depression, anxiety, trauma, or substance use disorders. Offer competitive pricing and some free treatment provided by grants. Free treatments are eligible for patients that are not currently enrolled in any other treatment program.

The Counseling Group

106 3rd Ave NE Hickory NC 28601

828-322-8736

<https://thecounselinggroup.com/>

Provide services to individuals of all ages – from early childhood through adolescence and into adulthood. A treatment plan is designed for each individual's needs to assist in managing the difficulties of life. Also works alongside businesses and organizations to improve productivity by addressing the emotional needs of their employees through an Employee Assistance Program.

NC 211 (Catawba County United Way)

2-1-1 Phone: 2-1-1 from cell phone or 1-888-892-1162 Website: www.211.org

NC 211 is an information and referral service. Families and individuals can call 2-1-1 or 1-888-892-1162 to receive free and confidential information on health and human services within their community.

National Suicide Prevention Lifeline

1-800-273-8255 or 988

<https://988lifeline.org/>

Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to. You are not alone.

NC Domestic Violence

Hotline at 1-800-799-7233, available 24/7

NCCADV does not provide direct services. If you or someone you care about is in need of services, please contact the crisis line number for the local domestic violence agency.

Recovery Support

Exodus Homes

122 8th Avenue Drive SW Hickory NC 28602

828-324-4870

www.exodushomes.com

Faith based supportive housing. Offers transitional and permanent supportive housing for people who are homeless and recovering from substance use issues, and people coming out of prison.

Safe Harbor

112 2nd Avenue SE Hickory NC 28602

828-326-7233

<https://www.safeharbornc.org/>

Offers residential treatment program for women in recovery; day services for women who are homeless: (showers, meals, laundry facilities, workshops) and low-cost temporary apartments for women working towards self-sufficiency and their children.

Hickory Metro Treatment Center

1152 Lenoir Rhyne Blvd SE Hickory NC 28601

828-485-1320

<https://www.newseason.com/treatment-center-locations/north-carolina/hickory-metro-treatment-center/>

Provides opioid addiction treatment and recovery services in Hickory, Mountain View, Long View, St. Stephens, Northlakes, Newton, Conover, Hildebran, Claremont, Granite Falls, Brookford and surrounding areas for a low fee.

The Cognitive Connection

929 15th St NE Suite 100 Hickory NC 28601

828-327-6026

<https://www.thecogcon.com/>

Provides cognitive behavioral intervention programs, employment training programs, substance abuse treatment programs, education programs, and case management programs throughout North Carolina.

Integrated Care of Greater Hickory

741 5th St SW Hickory NC 28602

828-322-5915

<https://www.integratedcarehickory.com/>

Assist individuals with depression, anxiety, trauma, or substance use disorders. Offer competitive pricing and some free treatment provided by grants. Free treatments are eligible for patients that are not currently enrolled in any other treatment program.

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1-877-864-1454

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Assist in linking individuals with mental health, development disability and substance abuse services. Partnered Counties: Burke, Cabarrus, Catawba, Cleveland, Davidson, Davie, Forsyth, Gaston, Iredell, Lincoln, Rutherford, Stanly, Surry, Union, Yadkin.

Olive Branch Ministry

3730 N Center St Hickory NC 28601

828-291-7023

<https://olivebranchministry.org/>

Faith-based harm reduction outreach organization. Services provided include Points of Care- mobile outreach by staff and volunteers for syringe access, naloxone distribution, peer support, and justice center education. Homeless Outreach - active outreach to shelters and tent cities to ensure that these individuals have food, clothing, and hygiene products. Tri-County Opioid Overdose Response Team - collaborates with the post-overdose response team to link individuals to treatment and provide harm reduction education. Hosts Medication Assisted Recovery Anonymous meetings. Serves Allegheny, Ashe, Burke, Catawba, Cleveland, Gaston, Lincoln, McDowell, Watauga County.

Transportation

Greenway Public Transportation

1515 4th St SW Conover NC 28613

828-465-7634

<https://www.mygreenway.org/>

Greenway Public Transportation provides boardings to residents living in Alexander, Burke, Caldwell and Catawba County. Greenway is a responsible transportation solution and an excellent way to build a cleaner, more vibrant, healthier and less congested community.

Neighbors Network

828-464-1111 (Transportation Director)

<https://neighborsnetwork.clubexpress.com/>

Neighbor Rides is a program of Neighbors Network; Inc. Transportation is provided to enable adults 50+ as well as disabled individuals for non-emergency medical appointments and non-medical needs. Program launches September 2025!

Hickory Soup Kitchen Hope Center

110 2nd St PI SE Hickory NC 28602

828-327-4828

<https://hickorysoupkitchen.org/>

Provides Hickory with free resources for job placement and transportation services by partnering with employers, municipalities, and other local agencies. The Hope Center eliminates the barrier of transportation to connect people with jobs.

Catawba County Public Health

828-695-5870/828-695-6663/828-695-6615

<https://catawbacountync.gov/county-services/public-health/service-areas/community-health-workers/>

Community Health Workers (CHWs) will link families to available community services. This includes housing support; utilities; food pantries and other nutrition programs; transportation resources; employment and vocational rehabilitation resources; navigation of clinical care systems, insurance and charity care; and assistance in filling out applications and forms required to receive these services. Catawba County Public Health's Community Health Workers are available to serve anyone in Catawba County.

Veteran Services

VA (Veterans Affairs) Clinic

<https://www.va.gov/find-locations>

Online search and guide for Veteran resources in the U.S. Category ranges from health, urgent care, emergency care, pharmacies, benefits, cemeteries, and vet centers.

Catawba County Veteran Services

100 Government Drive Newton NC 28658

828-485-8255

[https://www.catawbacountync.gov/county-services/emergency-services/veterans-services/#::~text=The%20Catawba%20County%20Veteran%20Services,\(828\)%20465%208255](https://www.catawbacountync.gov/county-services/emergency-services/veterans-services/#::~text=The%20Catawba%20County%20Veteran%20Services,(828)%20465%208255).

Assists veterans and their dependents in filing claims with the Veterans Administration for benefits and service. Appointments are required to meet with the Veteran Services Officer. To make an appointment, please call (828) 465-8255.

HKY4Vets

828-267-1564

<https://hky4vets.org/>

HKY4Vets assists transitioning military & military families find economic opportunities and resources & make valuable connections in the Hickory Metro of North Carolina.

Foothills Veterans Helping Veterans

828-302-0293

<https://www.foothillsveteranshelpingveterans.com/>

Local nonprofit that helps veterans and their families access community resources, such as housing, healthcare and employment throughout the foothills of western North Carolina. FVHV helps veterans find housing and employment. Members work with NCworks and Veteran Services of the Carolinas, whose responsibilities include finding adequate housing and employment for veterans. FVHV also helps connect veterans to find adequate dental and healthcare.

Serving Our Seniors

828-222-9343

<https://www.sos-nc.org/services>

Providing low, or no-cost services to "in-home" seniors, 65 and older and disabled veterans living in North Carolina. Services include yard work, housekeeping, companionship, light home repairs, and grab bars/rails.

Purple Heart Homes

Contact: 704-838-4044

Application available online: www.purplehearthomesusa.org/housing-assistance

Veterans Aging in Place (VAIP)

Qualified Service-Connected Disabled Veterans who currently own a home that no longer meets their physical needs. Purple Heart Homes partners with local volunteers in the community with the intent of restoring dignity and quality of life by creating a safe, barrier-free living environment.

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